



JULY 2021 NEWSLETTER

 **Nunthorpe**
Squash Club

Welcome to the
Nunthorpe Squash Club
Newsletter



Junior Squash
Academy
News

Update on
restrictions



**NEW AND OLD
MEMBERS
WELCOME!**

Subject to National
guidance and PFA
approval,
we can ease restrictions
from 19th July.

Take up an either
annual subscription
or
monthly membership!
Join now!



SQUASH

is for

EVERYONE

MEMBERS INFORMATION

WAYS TO PAY...

Monthly subscription or
pay annually

(lasts until 01/06/22)

This includes Court, Gym and Bar
access.

RETURN TO FULL SQUASH UPDATE

Covid Update

From July 19th, in accordance with Government intentions to lift COVID restrictions and following approval from the PFA, we look forward to a full return to Squash, and will: -

- Remove COVID notices
- Return squash court times to 45 mins
- Increase shower capacity
- Make saunas available for use
- Turn on the drinking water facilities
- Re-stock the vending machine
- Relax the gym restrictions

Please respect other players by continue to practice good hygiene measures.

PLEASE RENEW & JOIN
THROUGH OUR WEBSITE:

www.nunthorpercreationclub.co.uk

Our website will hold our most up to date risk assessment.

Make sure you renew your membership as FOBS are deactivated.

Once you have rejoined, Stewart Wright will be available to reset your fob access at the club.

**PLEASE REMEMBER WHEN ON
COURT NON-MARKING SHOES
MUST BE WORN.**



JUNIOR COACHING AGED 6-16

THE SQUASH ACADEMY

SPONSORED WALK: 17/06/21

The Academy Juniors and Coaches will be walking up Roseberry Topping and a route back to the Squash Club. All funds raised will be spent on Academy T-shirts and equipment for our junior sessions.

If you would like to sponsor us, please see the form on our noticeboard in the club.

Check us out on Facebook, where we keep everyone up to date with our weekly events.





CLUB LEAGUES

JOIN ON THE CLUB WEBSITE

The club has its own internal leagues which run throughout the season. There are five players of around the same standard per league, with 'league 1' being the top.

Each player competes against the other four and, dependent on the score at the end of each game, enters points against each player's name. At the end of each calendar month, the highest two scorers will go up one league and the lower two scorers go down one league.

At the start of each season, players will be assessed as to which is the most appropriate league they should start in, based on their squash standard.

[Sign up to the Mini leagues on the website](#)

A photograph of four people playing squash on a court. A woman in a pink shirt and black shorts is on the left, a man in a white shirt and black shorts is in the center, a woman in a white tank top and pink shorts is on the right, and a man in a grey shirt and black shorts is on the far right. They are all holding squash rackets and appear to be in the middle of a game. The court has a white wall with a red line and a glass partition.

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EVERYONE

CLUB NIGHT

STARTS FRIDAY 23rd JULY

Every Friday evening, from 7.00pm, all courts are booked for Club Night. This is where members of all playing abilities, from novices to team players, can come and play each other in a friendly non-competitive atmosphere.

Each person plays different people in a 'round robin' format, over a 20-minute period. Upon arrival, you put your name on a sheet and wait for your turn to go on court. After the 20-minute game, the winner stays on court until they have been beaten and the loser puts their name on the bottom of the list of players. The loser then waits until they get to the top of the list to see who their next opponent is.

Hopefully, by the end of the evening, you will have enjoyed playing against different opponents and the social side of the game.



visit: englandsquash.com

COUNTY SQUASH

DURHAM & CLEVELAND SRA

The club enters teams into the County Leagues (dependent on the number of players interested) where they play teams from other clubs in the Durham and Cleveland area. Each team is in a division - the higher the division, the better the team.

Each division play on a specific night and each team will play both a home and an away match either side of Christmas. As a player, the club will provide you with a team shirt, court time and squash balls, along with a subsidy for home match food.

Please note: - there is a code of conduct which you will be required to adhere to.

Please see the events page on our website.



RECREATION CLUB

A message from the bar

A message from the Recreation Club...

We are still required to maintain a one metre rule and provide table service. This is expected to last until July 19th, so we will be at reduced capacity and can only open Thursday – Sunday.

Opening hours

Thursday 6pm – 10pm

Friday 6pm – 11pm

Saturday 3pm – 11pm

Sunday 3pm – 10pm

As always, the closing times will be flexible dependent on how full the club is. Children under 15 are welcome in the conservatory until 8pm, 15 and over until 9pm but please note that as vertical drinking isn't allowed, they would need to remain seated. Outside, they can run around as much as they like! Well-behaved dogs will also be welcome.



THE SQUASH COMMITTEE

Vacancy: Club Secretary
Nominations and volunteers required by AGM TBC

Graeme Lewis



Treasurer and squash coach

Membership Secretary
and PFA representative for

Ormesby

Stewart Wright

Malcolm Leech



Committee member and
squash coach

Geoff Smith



Chairman
and County Committee
representative

Michael Bowes



Committee member, 1st team club
captain and squash coach