



**SEPTEMBER  
2021  
NEWSLETTER**

 **Nunthorpe  
Squash Club**  
Welcome to the  
Nunthorpe Squash Club  
Newsletter



**Junior Squash  
Academy**

Mini Leagues,  
Club Night  
&  
Team Matches



**NEW AND OLD  
MEMBERS  
WELCOME!**

Committee  
AGMs  
&  
County Updates

Take up an either  
annual subscription  
or  
monthly membership!  
**Join now!**



**SQUASH**

is for

**EVERYONE**

## MEMBERS INFORMATION

### WAYS TO PAY...

Monthly subscription or  
pay annually – pro rata  
(lasts until 01/06/22)

This includes Court, Gym and Bar  
access.

## RETURN TO FULL SQUASH UPDATE

We now have full access to facilities.  
This includes:

- Squash court times are 45 mins
- All showers available
- Saunas available
- Drinking facilities
- Vending machine
- Gym

Please respect other players by continue to  
practice good hygiene measures.

PLEASE RENEW & JOIN  
THROUGH OUR WEBSITE:

[www.nunthorperecreationclub.co.uk](http://www.nunthorperecreationclub.co.uk)

Our website will hold our  
most up to date risk  
assessment.

Make sure you renew your  
membership as FOBS are  
deactivated.

Once you have rejoined,  
Stewart Wright will be  
available to reset your fob  
access at the club.

**PLEASE REMEMBER WHEN ON  
COURT NON-MARKING SHOES  
MUST BE WORN.**

# The Squash Academy

Guisborough Road, Nunthorpe, Middlesbrough, TS7 0JA

Sessions ran by certified England Squash coaches

**Cost:** £4 for Members

£5 for Non-members

**Sessions:** Saturday 9am-10am

Saturday 10:15am-11:15am

Junior Performance

Junior Yellows

Junior Reds

First session free

COVID SAFE

JUNIOR COACHING AGED 6-16



## THE SQUASH ACADEMY



Our new Academy t-shirts have arrived and as you can we are very happy with them!!

A BIG thank you to everyone who sponsored our walk up Roseberry Topping and back to the Squash Club.

Check us out on Facebook, where we keep everyone up to date with our weekly events.





# NUNTHORPE SQUASH

## ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting will be held in the clubhouse on:

**Wednesday 6th October 2021 at 7.30 pm**

You are invited to attend. Junior members may also attend, but do not have any voting rights at the meeting.

### THE AGENDA WILL BE:

1. Apologies for absence
2. Minutes of the 2019 AGM.
3. Matters arising.
4. Chairman's address.
5. Hon. Secretary's report.
6. Hon. Treasurer's report.
7. Election of Officer's and Committee.
8. To agree annual subscriptions for the year commencing 1st June 2021.



### **Vacancy:**

**Club Secretary**  
**Nominations and**  
**volunteers required**  
**by AGM**



# CLUB T-SHIRTS

**ORDER NOW...**



Measurements	XS	S	M	L	XL	XXL	3XL	4XL	5XL
1/2 Chest	44.5cm	48cm	51.5cm	55cm	58.5cm	62cm	65.5cm	69cm	72.5cm
Body Length	67.5cm	70cm	72.5cm	75cm	77.5cm	80cm	82.5cm	85cm	87.5cm
Sleeve Length	23cm	23cm	24cm	24cm	25cm	25cm	26cm	26cm	27cm

### Club Shirts

Thank you to those who pre-ordered a club shirt. You are now able to collect them from the club.

There is still a small amount of stock left for those who would like to purchase one.



Stock Remaining	S	M	L	XL	Kids - 12/13
Club Shirts	5	2	8	1	1

Please email us with your size requirements.

[website@nunthorperecreationclub.co.uk](mailto:website@nunthorperecreationclub.co.uk)

**Only £12 each**



# SQUASH

is for

# EVERYONE

## CLUB ACTIVITIES

## GET INVOLVED...

### Mini Leagues

The club has its own internal leagues which run throughout the season. Sign up to the Mini leagues on the events section on the club website or email:

[Michael.Bowes@ntlworld.com](mailto:Michael.Bowes@ntlworld.com)

### Club Night

Every Friday evening, from 7.00pm, all courts are booked for Club Night. This is where members of all playing abilities, from novices to team players, can come and play each other in a friendly non-competitive atmosphere.

### Adult Fitness and Squash Training (all abilities) – COMING SOON!

Following feedback from members adult fitness and training will start up again soon. Watch out for an announcement on this and speak to our Level 3 Coach Mally Leech.



visit: [englandsquash.com](http://englandsquash.com)

## DURHAM & CLEVELAND SRA

### Updates from the County

#### Team Matches

**TEAM SQUASH RETURNS!** The team nominations are in and team matches start w/b 20/09/21. This year, we have two teams in the County leagues. Our captains this year are Michael Bowes (1<sup>st</sup> team, playing Tuesdays) and Martin Bradley (2<sup>nd</sup> team, playing Thursdays). We wish our team players the best of luck for the season.

#### Additional County events

The Durham & Cleveland Squash County AGM will be at Norton on 26th October @ 7:30pm.

The County Closed will be at Redcar starting 22nd November 2021.  
The County Masters will be at Norton starting 24th January 2021.

Check out the Durham and Cleveland Squash website for more info.

S  
**SQUASH**

is for

**EVERYONE**

A photograph showing four people (two men and two women) playing squash in a glass-walled court. They are in various positions, some holding rackets, and appear to be in the middle of a game. The court is brightly lit and has a white floor.

**RECREATION CLUB**

**Club bar**

### **Bar Opening hours**

**Mon to Wed: 6pm–10pm**

**Thurs and Fri: 6pm– 11pm**

**Sat: 3pm – 11pm**

**Sun: 3pm – 10.30pm**

**Times may vary depending on demand.**



# THE SQUASH COMMITTEE

**Vacancy: Club Secretary**  
Nominations and volunteers required by AGM

**Graeme Lewis**



Treasurer and squash coach

Membership Secretary  
and PFA representative for

Ormesby

**Stewart Wright**

**Malcolm Leech**



Committee member and  
squash coach

**Geoff Smith**



Chairman  
and County Committee representative

**Michael Bowes**



Committee member, 1<sup>st</sup> team club  
captain and squash coach